

**Are you caring for an older
relative, friend or neighbor?**

CAREGIVERS CONNECTING

**Wednesday, August 18, 2021
Starts at 10 AM**



Staying connected and involved is more important than ever. Our monthly support group gives you a chance to talk with others in similar situations, share experiences, advice, and words of encouragement. Dial in on your phone or visit by video with a computer.

This event is free.



Pathlights

**Enriched by experience.
Empowered in life.**

Formerly known as
PLOWs Council on Aging

WHEN?

Caregivers Connecting support group meets the third Wednesday of the month.

WHERE?

Remotely via Zoom or dial in by phone.

Zoom link will be provided following registration.

REGISTRATION REQUIRED:

**Contact Catherine at 708.274.0052
or e-mail cstowers@pathlights.org**

www.pathlights.org

Partial funding for the program is provided through an award from AgeOptions, the Area Agency on Aging for Suburban Cook County under Title III of the Older Americans Act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Pathlights does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708.361.0219.