

**Are you caring for an older
relative, friend or neighbor?**

CAREGIVERS CONNECTING

**The Third Wednesday of Every Month
Starts at 10 AM**



Staying connected and involved is more important than ever. Our monthly support group gives you a chance to talk with other family caregivers in similar situations, share experiences, advice, and words of encouragement. Dial in on your phone or visit by video with a computer.

This event is free.

WHEN?

Caregivers Connecting support group meets virtually the third Wednesday of the month.

WHERE?

Remotely via Zoom or dial in by phone.

Zoom link will be provided following registration.

This event is free.

REGISTRATION REQUIRED:

**Contact Catherine at 708.274.0052
or e-mail cstowers@pathlights.org**

www.pathlights.org



Pathlights

**Enriched by experience.
Empowered in life.**

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