

**Are you caring for an older  
relative, friend or neighbor?**

# **CAREGIVERS CONNECTING**

**The Third Wednesday of Every Month  
Starts at 10 AM**



Staying connected and involved is more important than ever. Our monthly support group gives you a chance to talk with other family caregivers in similar situations, share experiences, advice, and words of encouragement. Dial in on your phone or visit by video with a computer.

**This event is free.**

## **WHEN?**

Caregivers Connecting support group meets virtually the third Wednesday of the month.

## **WHERE?**

Remotely via Zoom or dial in by phone.

Zoom link will be provided following registration.

**This event is free.**

## **REGISTRATION REQUIRED:**

**Contact Catherine at 708.274.0052  
or e-mail [cstowers@pathlights.org](mailto:cstowers@pathlights.org)**

**[www.pathlights.org](http://www.pathlights.org)**



**Pathlights**

**Enriched by experience.  
Empowered in life.**

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