

Memory Café

First Wednesday of the month
from **10:30-11:30 a.m.**

Sept. 7
Alzheimer's Poetry

Oct. 5
Music Therapy

Nov. 2
Art Therapy

Dec. 7
Music Therapy

The library is pleased to partner with Pathlights to offer a monthly Memory Café beginning this Fall. This is a social gathering for people living with Alzheimer's and related dementias and their care partners. Each monthly session offers an art or music activity and gives participants a chance to meet and enjoy time together. Memory Cafés aim to decrease the social isolation that often accompanies dementia and caregiving. Registration required.

Sponsored by
 **Pathlights**

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