

**Are you caring for an older  
relative, friend or neighbor?**

# **CAREGIVERS CONNECTING**

**The Third Wednesday of Every Month  
Starts at 10 AM**



Staying connected and involved is more important than ever. Our monthly support group gives you a chance to talk with other family caregivers in similar situations, share experiences, advice, and words of encouragement. Dial in on your phone or visit by video with a computer.

**This event is free.**

## **WHEN?**

Caregivers Connecting support group meets virtually the third Wednesday of the month.

## **WHERE?**

Remotely via Zoom or dial in by phone.

Zoom link will be provided following registration.

**This event is free.**

## **REGISTRATION REQUIRED:**

**Contact Catherine at 708.274.0052  
or e-mail [cstowers@pathlights.org](mailto:cstowers@pathlights.org)**

**[www.pathlights.org](http://www.pathlights.org)**



**Pathlights**

**Enriched by experience.  
Empowered in life.**

Partial funding for Pathlights' programs is provided by federal and state government agencies, made possible through the Older Americans Act, and administered through AgeOptions, Illinois Department on Aging and the US Administration for Community Living. Additional funding for services is provided by State of Illinois, Cook County, local municipalities, United Way of Metro Chicago, and other community partners and interested parties. Pathlights does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-361-0219.