

Alzheimer's Disease: What Caregivers Need to Know

Tuesday, April 18, 2023
Starts at 6:30 PM
What Caregivers Need to Know about Alzheimer's Disease
At Alsip-Merrionette Park Library
11960 S Pulaski Rd in Alsip

Caring for someone experiencing cognitive decline can be challenging and isolating. Our speaker will empower you as a caregiver and advocate. She will teach you to differentiate between dementia and Alzheimer's disease (AD), discuss risk factors for AD and possible ways to delay onset, the critical role of caregiver self-care, and ways to ease the journey using and interpreting reputable research.



Speaker

Karen Lowe Graham, PhD (c), Manager of Community Engagement at Rush Alzheimer's Disease Center (RADC).



Karen leads recruitment, education, and partner relationships, chairs the RADC Education Committee and serves as a liaison between communities of color and the RADC. She earned a bachelor's in psychology from the University of Illinois at Urbana-Champaign, master's in psychology from Roosevelt University, and is a PhD candidate at Rush's College of Nursing.

REGISTRATION REQUIRED
Call Alsip-Merrionette Park Library at (708) 926-7024 OR register in-person at the library.



Pathlights guides people along the path to aging in Southwest Suburban Cook County. Call 708.361.0219 or visit www.pathlights.org

