



Are you caring for an older relative, friend or neighbor?

Caregivers Connecting Support Group

The Third Wednesday of Every Month Starts at 10 AM

Staying connected and involved is more important than ever. Our monthly support group gives you a chance to talk with other family caregivers in similar situations, share experiences, advice, and words of encouragement. Dial in on your phone or visit by video with a computer.

This event is free.

WHERE?

Remotely via Zoom or dial in by phone.

Zoom link will be provided following registration.

REGISTRATION REQUIRED:

Contact Catherine at 708.361.0219

or e-mail

cstowers@pathlights.org



Pathlights

**Enriched by experience.
Empowered in life.**

AGEOPTIONS.

Pathlights guides people along the path to aging in Southwest Suburban Cook County.

Call 708.361.0219

Visit www.pathlights.org

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