

We help individuals navigating the aging process so they can get equal access to food, shelter, care, and safety.

Thanks to the help of trained and dedicated volunteers, Pathlights delivers more than 62,000 nutritious meals each year to individuals age 60 and over who are either temporarily or permanently unable to manage meal preparation and access food. The nutritious home-delivered meal service doubles as a well-being check – necessary for individuals who experience social isolation.

To learn more call 708.361.0219 Visit www.pathlights.org



Pathlights guides people along the path to aging in Southwest Suburban Cook County.

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Funding for Pathlights' programs provided in whole or in part by AgeOptions and federal and state government agencies, made possible through the Older Americans Act. Additional funding for services is provided by State of Illinois, Cook County, local municipalities, United Way of Metro Chicago, and other community partners and interested parties. Pathlights does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you led you have been discriminated against, call <u>706-856-0219</u>.

