

Home-Delivered Meals Program



We help individuals navigating the aging process so they can get equal access to food, shelter, care, and safety.

Thanks to the help of trained and dedicated volunteers, Pathlights delivers more than 62,000 nutritious meals each year to individuals age 60 and over who are either temporarily or permanently unable to manage meal preparation and access food. The nutritious home-delivered meal service doubles as a well-being check – necessary for individuals who experience social isolation.

To learn more call 708.361.0219

Visit www.pathlights.org



Pathlights

**Enriched by experience.
Empowered in life.**

Pathlights guides people along the path to aging in Southwest Suburban Cook County.

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