



Pathlights

Enriched by experience.
Empowered in life.

Our programs and services are needs-based, and most are available at no cost. We serve people across all financial levels and some programs follow specific eligibility requirements. Services include:

- **Adult Protective Services**
- **Home-Delivered Meals**
- **Benefits & Advocacy**
- **Information & Assistance**
- **Caregiver Support**
- **In-Home Services**
- **Choices For Care Program**
- **Options Counseling**
- **Shared Housing**

Since 1975, we've been helping guide adults 60 years of age and over, adults with disabilities, their caregivers, families, and friends along their best path to aging.

OUR MISSION

To empower individuals navigating the aging life cycle with a focus on those 60 years of age and older.

OUR VISION

Pathlights aims to be a premier leader in human services, supporting individuals regardless of demographics or circumstances by: maximizing potential across the life cycle, providing innovative opportunities and solutions, and partnering with families and communities.

OUR VALUES

Client and Family Centered
Compassion
Respect
Professional Excellence

We're all getting older - every day. This looks different to each of us but most share common aging goals: to age well, age in our homes, and remain independent contributors to our communities.

So where do we go if we need a little - or a lot of - help along the path to aging?

In Southwest Suburban Cook County, Pathlights is the "go-to" community resource. Our programs and services provide care, food, and safety so older adults and adults with disabilities can remain in their homes with dignity for as long as possible.

CARE

Our resources can enhance your life and aid caregivers, friends, and family with in-home services, support groups, Respite, benefits' assistance, free workshops and events, options for safe transition from hospitals, rehabilitation or skilled nursing facilities, and meaningful volunteer opportunities.

FOOD

Sometimes accessing basic nutrition can be a challenge for older adults living independently or with limitations. We can help with home-delivered meals and assistance with Illinois SNAP benefits, formerly known as food stamps.

SAFETY

Our trained professionals work with the Illinois Department on Aging to investigate abuse, neglect, and exploitation of older adults and adults with disabilities, and educate our community how to take action to prevent abuse.

Our Annual Impact



Help more than **15,000** clients



Serve more than **70,000** home-delivered meals



Direct more than **25,000** intake and referral calls



Complete more than **1,700** cost-saving applications



Save clients more than **\$1.2 million** through cost-savings benefit programs



Provide more than **8,000** community volunteer hours



Investigate more than **500** allegations of abuse



Host hundreds of support groups, workshops and events

You Can Make A Difference

There are many ways you can contribute towards our cause, and every act of generosity goes a long way in helping us fulfill our mission. Become part of our community!

Visit pathlights.org/get-involved/ or consider donating at pathlights.org/donate

Pathlights is a 501(c)(3) Organization.

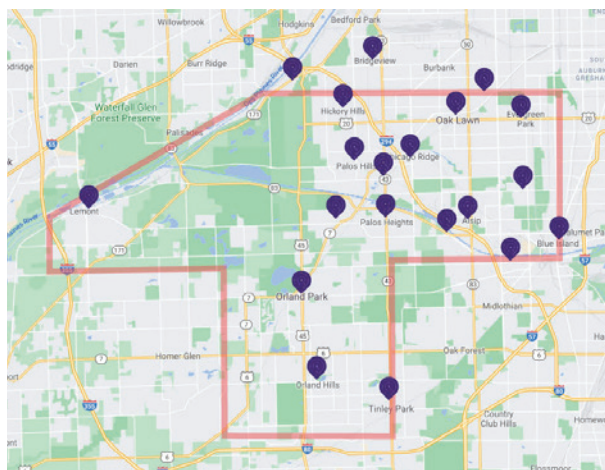
Everyone Knows Someone Who Can Benefit from Our Services.



Call us at **708.361.0219** or visit Pathlights.org

We believe older adults deserve to live fulfilling and meaningful lives, enriched by the support, connections, and resources within their communities. Our assistance is designed to address unique needs, foster independence, and enhance quality of life.

Our Service Area



- | | | |
|---|------------------|---|
| Alsip | Evergreen Park | Palos Park |
| Blue Island (north of 135th Street & west of Western) | Hickory Hills | Robbins (north of 135th Street & west of Western) |
| Bridgeview | Hometown | Tinley Park (west of Harlem) |
| Chicago Ridge (south of 87th Street) | Lemont | Worth |
| Crestwood | Merrionette Park | Willow Springs (south of 87th Street) |
| (north of 135th Street) | Oak Lawn | |
| | Orland Hills | |
| | Orland Park | |
| | Palos Heights | |
| | Palos Hills | |

Get In Touch

Pathlights
 7808 W. College Drive, 5th Floor
 Palos Heights, IL 60463
 708-361-0219
 Monday – Friday 9 a.m. to 5 p.m.*
 Open for flexible appointments except on holidays

* Please call if you require an appointment outside normal business hours.

Pathlights.org

Follow Us



“I feel very lucky they are here to lean on. My caseworker has organized meals delivery and other services so I can stay in the home I’ve lived in for more than 60 years.”

– Carol, Pathlights’ Client



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Funding for Pathlights’ programs provided in whole or in part by AgeOptions and federal and state government agencies, made possible through the Older Americans Act. Additional funding for services is provided by the State of Illinois, Cook County, local municipalities, United Way of Metro Chicago, and other community partners and interested parties. Pathlights does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-361-0219.