

What Caregivers Need to Know About Alzheimer's Disease

JUNE 13, 2024 at 11 AM

Caring for someone experiencing cognitive decline can be challenging and isolating. Join Pathlights in welcoming Karen Lowe Graham, Ph.D., Manager of Community Engagement at the Rush Alzheimer's Disease Center. To empower yourself as a caregiver and advocate, Ms. Graham will teach you to differentiate between dementia and Alzheimer's disease (AD), discuss risk factors for AD and ways to delay onset, the critical role of caregiver self-care, and ways to ease the journey using and interpreting reputable research.

Event Location

William Leonard Public Library
13820 Central Park Ave., Robbins

REGISTRATION REQUIRED

Call William Leonard Public Library
at 708.597.2760

Speaker

Karen Lowe Graham,
M.A., Ph.D., Manager of
Community
Engagement at Rush
Alzheimer's Disease
Center (RADC).



Karen leads recruitment, education, and partner relationships, chairs the RADC Education Committee and serves as a liaison between communities of color and the RADC. She earned a bachelor's in psychology from the University of Illinois at Urbana-Champaign, master's in psychology from Roosevelt University, and a Ph.D. at Rush's College of Nursing.

**Rush
Alzheimer's
Disease
Center**



Pathlights

Enriched by experience.
Empowered in life.

Pathlights guides people along the path to aging in Southwest Suburban Cook County. Call 708.361.0219 or visit www.pathlights.org

AGEOPTIONS.

Funding for Pathlights' programs provided in whole or in part by AgeOptions and federal and state government agencies, made possible through the Older Americans Act. Additional funding for services is provided by State of Illinois, Cook County, local municipalities, United Way of Metro Chicago, and other community partners and interested parties. Pathlights does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-361-0219.