

Fall Prevention & Safety at Home



MAY 9, 2024 at 1 PM

Falls can cause traumatic brain injury, fractures, and unintentional death in older adults. This interactive presentation by a licensed physical therapist & fall prevention specialist addresses common causes of falls in the home, simple changes to reduce risks, and exercises for strength and stability.

This event is generously sponsored by Mom's Meals.



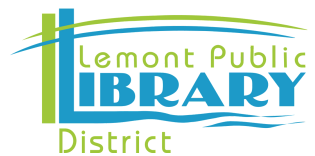
REGISTRATION REQUIRED.

Scan this QR code
or call (630) 257-6541



Event Location:

Lemont Public
Library, 50 E. Wend
Street, Lemont



Our Speaker:

Rick Bloomberg, PT, COPT, MBA, Director of Rehab at ATI Physical Therapy, Hazel Crest. Rick is a Certified Orthopedic Physical Therapist and graduate of Marquette University. In his 31 years as a PT, he has worked with a variety of patients, including treating for balance, neurological, pre and post-op care and musculoskeletal pain. He is a fall prevention specialist and has a strong background in Stroke, neuro, Parkinson's patients and Limb Loss patients.



**Enriched by experience.
Empowered in life.**

Pathlights guides people along the path to aging in Southwest Suburban Cook County.

Call 708.361.0219
Visit www.pathlights.org