



**Are you caring for an older relative, friend or neighbor?**

## Caregivers Connecting Support Group

**The Third Wednesday of Every Month Starts at 10 AM**

Staying connected and involved is more important than ever. Our monthly support group gives you a chance to talk with other family caregivers in similar situations, share experiences, advice, and words of encouragement. Dial in on your phone or visit by video with a computer.

**This event is free.**

### **WHERE?**

Remotely via Zoom or dial in by phone.

**Zoom link will be provided following registration.**

**REGISTRATION REQUIRED:  
Contact Jenna at 708.361.0219  
or e-mail [jstock@pathlights.org](mailto:jstock@pathlights.org)**



**Pathlights**

**Enriched by experience.  
Empowered in life.**

Pathlights guides people along the path to aging in South & Southwest Suburban Cook County.

Call 708.361.0219  
Visit [www.pathlights.org](http://www.pathlights.org)

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**AGEOPTIONS.**  
