

Join Us At Memory Café



**THE THIRD TUESDAY
OF EVERY MONTH
FROM 2 TO 3 PM**

Pathlights & Matteson Area Public Library District present Memory Café, a social gathering for people living with dementia and other forms of cognitive impairment and their care partners. Our monthly sessions offer an engaging activity on topics like art, music, and travel and give participants a chance to meet and enjoy time together. Memory Cafés aim to decrease the social isolation that often accompanies dementia and caregiving.

This event is free.

WHERE?

In-Person

Matteson Area Public Library District
801 School Avenue, Matteson

REGISTRATION REQUIRED:

**Register online at mapld.org or call
708.748.4431**



Pathlights

**Enriched by experience.
Empowered in life.**

AGEOPTIONS.

**Pathlights guides people along
the path to aging in South &
Southwest Suburban Cook
County.**

**Call 708.361.0219 or visit
www.pathlights.org**

Funding for Pathlights' programs provided in whole or in part by AgeOptions and federal and state government agencies, made possible through the Older Americans Act. Additional funding for services is provided by State of Illinois, Cook County, local municipalities, United Way of Metro Chicago, and other community partners and interested parties. Pathlights does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-361-0219.