

## **APRIL 17, 2025 at 3 PM**

Falls can cause traumatic brain injury, fractures, and unintentional death in older adults. This interactive presentation by a licensed physical therapist & fall prevention specialist addresses common causes of falls in the home, simple changes to reduce risks, and exercises for strength and stability.

## **Event Location:**

Grande Prairie Public Library 3479 W. 183rd St., Hazel Crest



## **Our Speaker:**

Rick Bloomberg, PT, COPT, MBA,
Director of Rehab at ATI Physical
Therapy, Hazel Crest. Rick is a
Certified Orthopedic Physical
Therapist and graduate of
Marquette University. In his 31 years
as a PT, he has worked with a
variety of patients, including
treating for balance, neurological,
pre and post-op care and
musculoskeletal pain. He is a fall
prevention specialist and has a
strong background in Stroke, neuro,
Parkinson's patients and Limb Loss
patients.



**REGISTRATION REQUIRED.**Contact Grande Prairie Public Library at 708.798.5563



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Pathlights guides people along the path to aging in South Southwest Suburban Cook County.

Call 708.361.0219
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