

An Educational
Presentation Hosted By



Pathlights

Enriched by experience.
Empowered in life.

Shifting Cultural Beliefs on Aging

Dispelling the Myths of Ageism

WEDNESDAY, MAY 6, 2026 / 12:30 - 1:30 p.m.

James W. Ford Resource Center
19001 S. Cicero Ave., Country Club
Hills, IL 60478

- What is ageism and how to recognize it
- Explore cultural beliefs and myths that shape our view on aging
- Promote positive aging by reframing these beliefs



Our Speaker

Colleen Ceh Becvar, Gerontologist,
Owner, Certified Care Manager
Trinity Advocacy Group, LLC - Trinity
Advocacy Guardians, NFP

Colleen is an outspoken supporter of anti-ageist efforts and is motivated every day, for every client, by a very personal mission and very simple vision: *a world without ageism.*



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Open to All - Free Registration!

To register, call 708-374-7899 to
RSVP with Debra and Mary Ann.