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# 2026 AgeWell Community Walk

*A Walk - A Celebration - A Community that Cares*

*Saturday, September 12, 2026*

*Oak Lawn Park District Pavilion, Oak Lawn*

## Join The Walk & Form A Team!

*Help us raise funds to support older adults and caregivers!*

*Registration opens in June!*

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## Pathlights

**Enriched by experience.  
Empowered in life.**



# AgeWell Community Walk

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**What is the  
AgeWell  
Walk?**



At Pathlights, community is at the heart of everything we do. Guided by our core values—respect, compassion, client-centered service, and professional excellence—Pathlights remains committed to creating a future where everyone can age with dignity and independence. Each day, we have the privilege of walking alongside older adults, their caregivers and families, helping them navigate life's challenges. Our commitment to serving the community is more than a mission, it's a promise. A promise to show up, to listen, and to respond with care and integrity.

## **What is the AgeWell Community Walk?**

The AgeWell Walk celebrates the power of healthy aging in our community. More than just a walk, this event embodies a commitment to vitality, wellness, and thriving at every stage of life. Pathlights invites the entire community to this inaugural family-friendly gathering, where moving together becomes a statement of strength and unity for older adults.

Leading up to the event, participants and teams fundraise to help Pathlights provide the support older adults need to age well in their own homes — from critical resources to delivering quality care to more than 17,000 people living in Palos, Lemont, Orland, Worth, Bremen and Rich townships. We look forward to engaging with families and businesses who share our commitment to Pathlights' mission and are dedicated to helping raise the funds needed to ensure our continued growth and impact.

We are excited to assemble an incredible community that is making life better for the older adults and caregivers we serve. The success of our fundraising efforts can lead to the expansion of programs and resources to keep our older population empowered thriving and our caregivers supported.

**Be a Part of a Community that Cares!**

# WHY FORM A FAMILY & FRIENDS TEAM?

## Support begins with friends and family!

Pathlights' programs are crucial to help older adults remain safe in their own homes and support caregivers supporting their loved ones. Aging is a shared journey – one that does not have to be made alone and is experienced by all of us every day, not just by older adults. As the number of Americans over age 60 continues to grow so do the needs for our services. We have no doubt you may also know someone who is providing unpaid care for a family member or neighbor - and you probably understand how this responsibility is both gratifying and exhausting.

Whether it's for your spouse, mother, grandfather, friend or simply because you want to make a difference in the world – fundraising for the AgeWell Walk lets you honor your “why” at our in-person walk event.

## Friend & Family Teams

### Getting Started

It doesn't just take a village to raise a child. It also takes a village to care for and support our older adults. When you create a fundraising team, your own village can multiply fundraising efforts instantly, enabling us to continue our mission!

Become a team leader and invite your friends and family to join you in raising \$500 or even \$1000! Every contribution, big or small, makes a difference — when everyone gives just \$10 or \$20, those gifts quickly add up to reach your goal and strengthen support for older adults in our community. Remember– it can take several asks for someone to take action. Make sure everyone registers and takes full advantage of the fundraising tools.

### Fundraising Tools

When you register your team, you will have access to a variety of tools that will help you to reach your fundraising goal. Use these tools and share them with team members to make the work fun and easy in accomplishing your goal!

**Inspire Your Loved Ones!**

# COMMUNICATING THE URGENCY

In order for your team and your donors to understand why you are supporting Pathlights and where the money donated to your team will go, please review the items below. This will help you gain insight about our mission and feel equipped to share information about our programs and services to help your donors make the connection. It is important for them to embrace your “why”, so choose 1 or 2 that resonate with you personally and include them in your emails, texts and social posts with your team page link.

## The Need

### What is Pathlights' Mission?

To inform, support and empower individuals and families as they navigate aging.

### Who Does Pathlights' Serve?

Pathlights provides programs and services for adults 60+, adults with disabilities 18+, and their caregivers and families.

### Where are our greatest needs?

In these uncertain times, with many public benefits being reduced and the rising costs of basic needs, the funds raised through our community events have become more critical than ever. Proceeds from our AgeWell Community Walk play a vital role in sustaining, strengthening and expanding these programs in particular:

- Home Delivered Meals
- Adult Protective Services
- Caregiver Programs and Respite
- Memory Care programs
- Education & Awareness programs

### What are the biggest issues older adults face?

Pathlights' aims to combat many of the biggest barriers to aging well. Most older adults face one or more of the following situations every day:



HOME SAFETY



FOOD INSECURITY



FINANCIAL STABILITY



ISOLATION & LONELINESS



LACK OF INDEPENDENCE



CAREGIVING RESPONSIBILITIES



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Thank you for forming a team for the AgeWell Community Walk. If you have any questions as you work your way through the process, please contact our Development Team! Our team is happy to answer your questions and help guide you as you recruit your teammates and fundraise toward your goal! We look forward to you joining us on September 12<sup>th</sup> for this exciting new community event!

## Our Development Team



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**CONTACT US**